

Results: 3 Mile Race

07 February 2019

Position	Number	Name	Category	Club	Time
1	49	Matt Bowden	m-SM		17:36
2	64	Dannv Dovle	m-SM		18:03
3	84	Russell Cowling	n - M40		18:33
4	54	Colin Betteridge	n - M40		19:11
5	76	Dom Bowden	m-SM		19:38
6	45	Verity Elston	l - F35		20:11
7	68	Quin Drakes	o - M50		20:26
8	73	Sasha Lanning	h - SL		21:03
9	52	Hazel Hole	i - F45		21:34
10	44	Helen Wilkes	l - F35		21:52
11	87	Andrew Grainger	o - M50		22:42
12	53	Mary Butcher	k - F55		22:44
13	60	Emma Pascall	k - F55		23:40
14	61	Charlie Pascall	p - M60		23:46
15	50	Nic Pettit	p - M60		23:59
16	79	Phil Taphouse	p - M60		24:54
17	88	Sarah Shorten	i - F45		24:56
18	65	Sharon Tull	i - F45		25:13
19	55	Jennie Norris	l - F35		25:39

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Category	Position	Number	Name	Club	Time
h - SL	1	73	Sasha Lanning		21:03
l - F35	1	45	Verity Elston		20:11
	2	44	Helen Wilkes		21:52
	3	55	Jennie Norris		25:39
j - F45	1	52	Hazel Hole		21:34
	2	88	Sarah Shorten		24:56
	3	65	Sharon Tull		25:13
k - F55	1	53	Mary Butcher		22:44
	2	60	Emma Pascall		23:40
m-SM	1	49	Matt Bowden		17:36
	2	64	Danny Doyle		18:03
	3	76	Dom Bowden		19:38
n - M40	1	84	Russell Cowling		18:33
	2	54	Colin Betteridge		19:11
o - M50	1	68	Quin Drakes		20:26
	2	87	Andrew Grainger		22:42
p - M60	1	61	Charlie Pascall		23:46
	2	50	Nic Pettit		23:59
	3	79	Phil Taphouse		24:54

Seafront Races: All Runner

07 February 2019

Number	Name	Oct	Nov	Dec	Jan	Feb	Mar	Series
F35								
44	Helen Wilkes	2	3	2	1	2		
45	Verity Elston	1	2	1		1		
51	Sophie Cross	4	4					
55	Jennie Norris	5	6		2	3		
63	Jo Crossman							
72	Heather Davidson	3	5					
80	Beki Singer		1					
F45								
52	Hazel Hole	1		1	1	1		
65	Sharon Tull	2	1	3	2	3		
77	Jayne Chanter							
88	Sarah Shorten			2		2		
F55								
53	Mary Butcher	1	1	1	1	1		
60	Emma Pascall	2	2		2	2		
M40								
54	Colin Betteridge	2	3	3	2	2		
57	Shane Prideaux	4	4					
62	James Browning	1	2	2				
70	Nigel Johnson	3						
78	Jonny Geary							
84	Russell Cowling		1	1	1	1		
M50								
48	Martin Shoots	1	1	1	2			
68	Quin Drakes	2	2	2	3	1		
71	Steve Pearson	3						
74	Dave Berry							
87	Andrew Grainger			3	4	2		
91	Stuart Penny				1			
M60								
46	Paul Atkinson	2						
50	Nic Pettit		2	1	1	2		
58	Trevor Godley	3	5	3	4			
61	Charlie Pascall	1	3	2	2	1		
75	Kevin Garner		1					
79	Phil Taphouse		4		3	3		
SL								
73	Sasha Lanning	1	1	1	1	1		
SM								
47	Martyn Broadey	7						
49	Matt Bowden	1	2	1	4	1		
56	Thomas Prideaux	6	8					
59	Jon Barrett	2	6	3				
64	Danny Doyle	4	4	2	5	2		
67	Tom Rivett	5						
69	Matt Wheeler	3						
76	Dom Bowden		7	4	7	3		
81	Ben Tull		1		1			
82	Stu Creech		3					
83	Will Tennant		5		6			
86	Danny Wilson-Gracey			5				
89	Adam Fieldhouse				2			
90	Luke Fieldhouse				3			
U17B								
66	Sam Tull	1	1	1	1			